

Tips for Learning @ Home

We are seeing large amounts of activity online and students have been doing an amazing job at staying connected, keeping up with learning and navigating the online learning environments. Some tips for the week ahead!

STAY CONNECTED

Be sure to continue to email your teachers at the end of each lesson. They will want to know how you are progressing and provide feedback on your Learning Tasks. Continue to access the Support Staff materials and stay positive!

KEEP ACTIVE

It is all too easy to sit in front of your computer for hours at a time. Be sure to get away from it and get active in your backyard or in your local community.

TAKE A BREAK

Schedule breaks regularly. Stand up from your computer, stretch and go for a walk outside. Be sure to drink plenty of water and maintain healthy eating habits.

DEVELOP ORGANISATIONAL SKILLS

Stay ahead of the Learning Tasks by ticking off each one as you complete it. Maintaining good organisation helps you stay on track towards assessment and feel confident about the work you are achieving.

SEND WORK IN

Your teachers are waiting to provide you with feedback on your Learning Tasks. Send your work in regularly to ensure you are on track with your learning.

STAY OFF THE GAMING

Gaming addiction is a big problem for teenagers. Turn the gaming off until all of your work is completed for the day. Bad habits now will be hard to break when we return to school!

MAKE THE MOST OF THE MORNING

Research tells us that you are most productive in the morning. Wake up, have a good breakfast and hop into learning straight away!

